



Ap GIG  
Cymru  
NHS  
Wales App

**Eich iechyd  
ar flaenau  
eich bysedd**

gydag ap GIG Cymru

**Your health  
at your  
fingertips**

with the NHS Wales app



Gallwch gymryd rheolaeth  
o'ch iechyd a'ch lles gydag  
ap newydd **GIG Cymru**.  
Ffordd gyflym, hawdd a  
chyfleus i ofalu am eich iechyd.

Lawrlwythwch **Ap GIG Cymru**  
neu ewch i [ap.gig.cymru](http://ap.gig.cymru)

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your health and wellbeing  
with the new **NHS Wales** app.  
The quick, easy and convenient  
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