

# ALL WALES DIABETES PREVENTION PROGRAMME (AWDPP)

The AWDPP is a national programme in Wales, which aims to provide a systematic and equitable approach to type 2 diabetes prevention delivered by a dedicated team. This service is running in selected primary care clusters across Wales, **including within your practice.**

## *What do we do?*

The AWDPP team search for patients with HbA1c results between **42-47 mmol/mol every 3 months**, send invite letters, book appointments and run the 30 min consultations with your patients. Where we explain more about diabetes risk and discuss ways to support your patients with food choices, being active and with achieving a healthier weight, where relevant.

## *How can practices help?*

When patients have an HbA1C result between 42 - 47 mmol/mol, we would be grateful if you could advise them they may be contacted by the AWDPP team, to receive further support, where clinically appropriate.

Contact details:  
01792 517943

*We look forward to working with you  
and supporting your patients.*

Email:  
SBU.DMPPreventionDietetics  
@wales.nhs.uk

*Many thanks!*